

# שבת שלום

## ***Building On Our Legacy***

January 8-9, 2016

28 Tevet 5776

Bat Mitzvah Hannah MacDonald

*Parashat Va'era*

Etz Hayim pp. 351-368

## **Shabbat Shalom**



**Ita Paskind, Rabbi** rabbipaskind@congbethel.org

Amy SantaLucia, Nitzan Nursery School nitzan@congbethel.org

Al Treidel, Navasky School Director navasky@congbethel.org

Sharon DeFala, President president@congbethel.org

### **Service Times**

- \* Monday-Friday: 8:00AM
- \* Friday Shabbat Evening: 6:30PM
- \* Shabbat Morning: 9:15AM
- \* Sunday Morning services can be scheduled by request.
- \* Major Secular Holidays: 9:00AM

### **Beth El-Norwalk**

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(203) 838-2710 or office@congbethel.org

www.congbethel.org

# Weekly Torah

Parashat Va'era begins with God saying to Moses: "Va'era... 'And I appeared to Abraham, Isaac, and Jacob.'" We are told of the relationship between God and the Jewish people and of the promise to give the Land of Israel to the people. God tells Moses that the time has come to free the Israelites from Egyptian bondage. Moses is told that he should go before Pharaoh to ask that the Egyptian ruler allow the Israelites to depart. Twice Moses responds saying that Pharaoh will not listen and apologetically explains that, because of a speech impediment, he is not the right person to represent the Jewish people. God answers by declaring that Moses's brother, Aaron, will accompany him as the spokesman.

The two brothers appear before Pharaoh to request the freedom of their people, but Pharaoh refuses to liberate them. As a consequence, terrible plagues are set upon Egypt. The waters of the Nile are bloodied; then the land is filled with frogs and swarms of insects; then there is the death of Egyptian livestock; and later there is destructive hail. These plagues are sent to punish Pharaoh and to force him to free the Israelites.

*From: A Torah Commentary for Our Times by Harvey J. Fields*

**Shabbat Morning Bimah Officer, 1/9** - Gary Mozer

**Shabbat Morning Greeters, 1/9** - Josh Kesselman, Sharon Rosen

**Shabbat Morning Bimah Officer, 1/16** - Josh Lander

**Shabbat Morning Greeters, 1/16** - Win Baum

## THE WEEK AHEAD

**Friday, January 8,** 4:24pm Candle Lighting, 6:30pm Kabbalat Shabbat Service

**Saturday, January 9, Bat Mitzvah Hannah MacDonald,** 9:15am Shabbat Service

**Sunday, January 10,** 9:30am Navasky, Navasky Kindergarten, Learner's Minyan, Gift Shop, 9:45am Navasky Parent Focus Group Session, 10:00am Torah Trope Class, 10:30am Knit n' Nosh, 11:00am Yoga

**Monday, January 11, Rosh Chodesh Shevat,** 8:00am Minyan, 12:15pm Lunch n' Learn with Al Treidel

**Tuesday, January 12,** 8:00am Minyan, 9:15am Mishnah Class, 4:15pm Navasky

**Wednesday, January 13,** 8:00am Minyan

**Thursday, January 14,** 8:00am Minyan, 10:30am Soup Kitchen

**Friday, January 15,** 8:00am Minyan, 4:32pm Candle Lighting, 6:30pm Kabbalat Shabbat Service

## **SERVICE TIME NOTES**

Beginning January 16, 2016, Shabbat morning services will start at 9:30am with an abbreviated Pesukei d'Zimra.

## **Please RSVP to the Office for the Adult Education classes**

**See Bulletin Board for Details of all our Adult Education classes**

### **NEW CLASSES**

**Adult Torah Trope Class**, Sundays, 1/10, 1/17, 2/21, 2/28, 3/6, 3/27, 4/3, 10:10am-11:00am with Riva Silverman

**Learners' Minyan**, Sundays, 9:30am with Rabbi Paskind, beginning 1/10. For all adults. Increase your comfort with the service. Questions welcome!

### **CONTINUING CLASSES**

**Bowspring Yoga**, Sundays, 1/10, 2/7, 3/13, 4/17, 5/1, 11:00am-12:00pm with Ali Hurwitz

**Coming Face to Face with the Holocaust**, Monday, 1/11, 3/14, 4/4, 5/9 12:15pm - 1:30pm with Al Treidel

## **SHARE-A-SHABBAT: A New Shabbat Dinner Program**

Who doesn't love getting together with friends and enjoying a festive meal? We are excited to introduce a brand-new program--Share-A-Shabbat--which enables members of our community to enjoy Shabbat dinner together in people's homes. This is great way to celebrate being a part of Congregation Beth El and to meet new friends. The first Share-A-Shabbat will take place on Friday night, January 29, 2016 and will accommodate 40 families in our community. We hope to plan more Share-A-Shabbat dinners going forward and include more and more members of our community. Thank you to the 14 families who have already volunteered to host a Shabbat dinner! If you would like to open your home for a Share-A-Shabbat dinner, please contact Michelle Fanwick.

## **YOUTH**

**Shabbaton, Grades 5-8**, Friday & Shabbat, 1/22 and 1/23

**Mall Scavenger Hunt, Grades 8-12**, Sunday, 1/31, more info to come

## **UPCOMING TOT SHABBAT DATES**

January 30, 10:30am and February 6, 10:30am

## **TU BISHVAT**

**Saturday, 1/23**, A Special Tu Bishvat dessert at Kiddush to celebrate Tu Bishvat.

## **NEW MEMBER SHABBAT**

**Saturday, 1/30**, A special Shabbat to welcome new members. Join us!

## **VOLUNTEER**

**Soup Kitchen**, Thursday, 1/14, 10:30am-12:00pm to set up and/or 12:15pm-2:00pm to serve. For more info, contact Stephanie Gordon.

## **COMMUNITY EVENTS**

**See Bulletin Board for Details**

**Taste of Torah**, Sunday, 1/31, 4:00-6:00pm at Temple Israel of Westport.  
Register now!

## **GO PAPERLESS!**

Congregation Beth El now offers a paperless option to who desire it. Call the Office, 203.838.2710 or email [paperless@congbethel.org](mailto:paperless@congbethel.org) and you will no longer receive paper notifications.

## **Yahrzeit Plaques**

We are now taking orders for new Yahrzeit Plaques. You can now permanently memorialize your loved ones who are no longer with us, or purchase "Reserved" plaques for you and/or your family. For info and pricing please contact the office, 203-838-2710 or Ellen Gordon, Chairperson /Yahrzeit Plaques, 203-246-4424.

## **Yahrzeit Letters**

Yahrzeit Letters will now be emailed out instead of mailed. Anyone who does not use email will still receive paper notices. Please check your Inbox or Junk/Spam Folder if you have an upcoming Yahrzeit.

## **Sponsor a Kiddush**

Sponsoring a Kiddush just got easier! Celebrate a simcha with the congregation: a birthday, anniversary or special event. \$180 covers the cost of our regular Shabbat Kiddush. Celebrate with the community!

## **SUPPORT BETH EL: BUY FOOD AND GIFT CARDS!**

**A percentage of your purchase directly supports our synagogue!**

**RIGHT NOW:** 10% discount off 1<sup>st</sup> purchase for all new returning participants and those returning after a year or more, thanks to a generous food card participant!

### **Food Certificates**

Please call to reserve or for delivery.

### **Gift Cards**

Call for a copy of our list of 50+ stores.

Synagogue: 203.838.2710, Harry: 203-846.2646